

# FUNCTIONAL MEDICINE FOR WOMEN

## 3-Month Revitalization Program

- (1) 75-minute Visit with DO
- (3) Follow up Visits with DO
- (1) Telehealth Visit with DO
- (3) Visits with Functional Nutritionist
- (3) Ionic Foot Detoxes or Infrared Sauna Sessions
- 10% off Supplements and Services

**3-Month Program = \$999.00**

## 6-Month Transformation Program

- (1) 75-minute Visit with DO
- (6) Follow up Visits with DO
- (2) Telehealth Visit with DO
- (6) Visits with Functional Nutritionist
- (6) Ionic Foot Detoxes or Infrared Sauna Sessions
- 15% off Supplements and Services

**6-Month Program = \$1,898.00**

Functional medicine addresses the underlying causes of health problems using a systems-oriented approach and engaging both patient and practitioner in a therapeutic partnership. Functional medicine addresses the whole person and not just an isolated set of symptoms. Dr. Tabatha will spend time with you listening to your history and looking at interactions among genetic, environmental and lifestyle factors. This process supports the unique expression of health and vitality for each individual.

## What to expect:

**Living Matrix** – is a detailed diagnostic tool that creates visual patterns to provide a comprehensive picture of a patient’s health and conditions over a lifetime. Functional Medicine Practitioners are medical detectives focused on finding the root cause of your chronic condition. Since chronic illness is multi-factorial and develops over many years, it’s necessary to dive deep into the past to find the clues needed for a personalized, whole person approach to health and healing. Completion of the Living Matrix is required to prepare Dr. Tabatha for your first visit.

**75-Minute Visit** - Dr. Tabatha, will discuss and review your Living Matrix findings, listen to and dive deeper into your health concerns and goals, she may also order tests for additional assessment.

**Follow up Visits** - Dr. Tabatha, will discuss and review findings from your additional tests, explain any deficiencies or excesses, discuss a plan for achieving your health goals and recommend supplements and dietary/lifestyle changes. Subsequent appointments with Dr. Tabatha are used to determine how supplements and dietary/lifestyle changes are affecting the patient and to address what is working and what is not.

**Functional Nutritionist Visit** – Functional nutrition is never one-size-fits-all. In collaboration with Dr. Tabatha, your functional nutritionist, Morgan Cullen, will customize a holistic health plan that takes your unique specifications into account to trigger healing from the cellular level. Morgan will continue to track, motivate and support you for success.

**Infrared Sauna and Ionic Foot Detox** – these treatments are used to remove excess hormones and toxins from the body, so the body can rebalance and heal.

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